## DV BANDS Solo & Ensemble (Round 1) Check List

Saturday, January 20<sup>th</sup>, 2018

### **Before:**

1. Friday: take home your instrument(s) & music!

# a. Perc – sticks/mallets, small instruments

- 2. Get plenty of sleep the night before
- 3. Have a great breakfast
- 4. Give yourself time to get ready
- 5. Have a slow and relaxed warm up at home.
- 6. Dress for success (As if for a job interview- which it is!)
- 7. Do not practice on the day of. Mental run throughs are better.

# Things to remember before I leave home:

- I have a **<u>PICTURE ID</u>** to check in at the registration table as well as the room
- I have my **ORIGINAL copy of the music**, <u>and a copy</u> for myself. (Note: these must both have the <u>measures numbered</u>!)
- I have extra reeds, mouthpiece, valve oil, tuner, etc

Arrival time: 45 min before your time

Where: <u>Hamilton High School</u> (3700 S Arizona Ave, Chandler, AZ 85248)

Room Number: \_\_\_\_\_ (get it at registration)

## When you arrive:

- Check in immediately <u>You will need your PICTURE ID card</u>.
  a. (Registration is in Auditorium lobby?)
- 2. Find your audition room BEFORE you find the warm up area.
- 3. Hold on to your <u>score</u> sheet. Do not set this down!!
- 4. Have a slow and relaxed re-warm-up (don't overdo it!)
  - a. Breathing exercises
  - b. Brass- Mouthpiece buzzing (soft at first), WW octaves, chromatic
  - c. Long (low) tones. Long tone scales. Take your time.
  - d. Touch on your music, but... Do not over-practice! If anything, hit some spots half tempo. You are ready! Last minute practice never helps.
  - e. TUNE!
- 5. Arrive at your room 10 minutes early. (Don't play in the hall- just relax)

In the Solo/Ensemble Room: (Need ORIGINAL music and your own copy, score sheet, and ID)

- 1. Hand your ORIGINAL copy of the music to the judge.
- 2. (Trpt/T-bone players: do not point your instrument directly at the judge.)
- 3. Ask if you may play some notes. Be confident when you play!
- 4. If you are a soloist with piano, feel free to move the piano or yourself so you can see each other.
- 5. Introduce yourself ("I am \_\_\_\_"), and then say "Today, I will be playing the '\_\_\_\_\_" by '\_\_\_\_\_"."
- 6. You will then be asked to perform your selection. Take a deep breath in <u>and out</u>concentrate on your sound and style. Don't play careful! Go for it!

#### After:

- 1. Do NOT go around disappointed or negative. Hold your head up. No one will be perfect. Also, remember you are representing your school and your band in your words and actions. I AM PROUD OF YOU!
- 2. Pack up your instrument, and you may leave the site.
- **3.** Results: I will find out on Monday the results. ("Superior" and "Excellent" will receive medals at the end of the year. "Superior" ratings will move on to Round 2 in February.)

#### Miscellaneous:

- a. Be prepared for change in the moment.
- b. Nerves: there are many philosophies to get rid of pre-performing anxiety ranging from eating bananas to yoga. It is a personal choice. Being alone or talking with a close friend helps. I have always preferred staying perfectly still for a while and breathing through my nose and out my mouth.
- c. Do not listen to other performers. Keep your mind focused and not distracted with comparisons.
- d. When it is your turn to perform- get confident quickly. At this point, the quiet reserved will not work. Counteract your nerves with a confident aggressive demeanor. Be a performer; don't worry about "what if's"...
- e. Have Fun! I am proud of you! You got this!!