DV Band Camp Packing List

1 suitcase, 1 bag of bedding, & a backpack

READ ALL OF THIS INFORMATION CAREFULLY

WHAT TO BRING TO CAMP:

Sack Lunch - Pack a lunch and beverage. We will eat once we arrive to camp.

- **Instrument or Flag** This is important! If you don't have one, see Mr. Thye to check one out before Camp. Instrument rentals through DV require \$55 per school year (pay online on DV Thunderband website or submit a check payable to DVBB).
- Accessories Every student is responsible for bringing their own mallets/sticks, stick tape, guard tape, valve oil, mouthpieces, reeds, etc. to camp. It is recommended to bring extra reeds, just in case.
- Flip Folder Flip folders are used to hold and organize stand tunes. Each student needs one and these can be reused each year. This does not apply to Guard and Front Ensemble.
- Watch Preferably an inexpensive one that can take the heat and perspiration.
- **Backpack (durable)** This will be used at every rehearsal. You will keep all your necessities with you in one place. We recommend putting an identifying marker (tied bandana, iron on patch, key chain, etc.) on the outside and student's name on the inside in case it becomes lost.

Keep the following in your backpack:

- **Insulated Water Bottle** You will need to bring a plastic insulated water container *with your name on it.* An IGLOO or COLEMAN <u>1/2 gallon</u> insulated container is recommended. It's your responsibility to keep it with you and filled with water.
- Chart Book This is a good quality, 1", 3-ring binder with page protectors. It contains show music, drill charts and other exercises nicely stored in the page protectors ("heavy duty" sheet protectors are recommended and worth the investment) and a pencil holder with a highlighter, pencils, mini scissors and a glue stick. This binder will also house the flip folder, placed through a couple of the rings. Exception: Guard
- **Dot Book** This is a 3" x 5" index card spiral bound notebook used by students to mark their spot in the show. Students wear it on a string around neck (or waist) as they learn the drill. (Exception: Front Ensemble)
- **Portable Music Stand (folding kind)** A lot of people forget these portable stands but they are needed for rehearsal. Please do not forget to put your name on both parts. They also come in handy at home when you practice (hint, hint). Exceptions: Guard, Front Ensemble
- Small Towel You are going to sweat and having a small microfiber towel will be helpful. You can wet it with cold water and wear it on your neck to keep extra cool. (Optional)
- **Sunglasses** It's very important to practice good eye health given how much sun we encounter in a season. We recommend bringing an older pair, just in case they become lost.
- Wide-Brimmed Hat A hat/visor, of some kind, is required.
- Black Practice Gloves Gloves are required and will be worn at rehearsals. These will be supplied to you before camp. You may want to provide your own black gloves baseball glove or mechanic glove style. Exceptions: Guard, Front Ensemble, and Battery

- **Sunscreen** Sunscreen is required. The AZ sun and higher elevation leads to many camp sunburns most of which can be prevented. Please apply often.
- **Insect Repellant** There are a lot of insects at camp, especially in the evening. Please bring insect repellant to avoid getting bitten. Its is recommended to buy non-smelling or daily wear formulas.
- Rain Poncho/Light Jacket Monsoon storms can surprise us, so a rain jacket or poncho is helpful to stay dry.
- Blue and Gold Towel (Wind Players) This will be given to you to keep in your instrument case. These are DV Band Property and need to be returned in good condition. We do not want instruments on the ground without a layer protection to avoid moisture and scratches.
- **Yoga Mat (or Large Beach Towel)** You will use this each morning for Calisthenics: yoga, stretching, etc.
- **Medications** First Aid has a limited amount of supplies for students. If you know you have a need for **support bandages or braces**, ace bandages, flex-all / icy hot for sore muscles, over the counter medications that can be self-medicated or other needs, please bring supplies with you.

There is always a parent chaperone first-aider present during Camp to distribute medications. First aid for minor injuries will be administered. Anything more serious will be handled in accordance with the medical release forms. Parents may choose to allow their student to self-medicate or turn all prescription and/or non-prescription medications over to the first aider.

<u>PARENTS</u>: If your child requires any prescription medications while at camp that need to be distributed by a parent chaperone first aider, the medications must all be in their original containers then placed inside a zip seal bag with the student's name clearly marked on the outside. Parents must discuss the medication with a parent chaperone first aid volunteer at camp drop off to discuss all significant health issues and medication distribution needs.

- **Toiletries -** Please bring the important toiletries to camp like shampoo, conditioner, body wash/soap, toothbrush/paste, deodorant, feminine products, chapstick, etc.
- **Bath towels** You will shower at camp and towels are not provided. Bring one that can be used and hung all week. This is in addition to the beach towel/mat for stretching. You will NOT want to use the same towel for both.
- **Bedding** Please bring a sleeping bag and/or some sheets/blankets and pillow. Each student will have their own twin size bed (bunk style). Your bed linens must be placed inside a large plastic trash bag, tied off, and **clearly labeled with your name on it.**
- Sleep Attire Please bring sleeping attire since the rooms are shared with other students.
- **Rehearsal Attire** You will need to wear a mostly <u>white shirt</u> (shoulders covered; no spaghetti straps), athletic shorts, and **running/cross training shoes** for every rehearsal and sectional. This is for uniformity and a professional appearance. **Guard**: will need black shirts for each evening block. Please have a fresh shirt (maybe 2) for every day.
- Appropriate Clothing Outside of the rehearsals, students may wear modest clothing of their choice (no spaghetti straps, short t-shirts no abdomen exposure, short shorts, etc.). Warmer clothing will be needed for the evenings (long pants, sweatshirts, etc.). Each student will need to bring blue jeans to wear on the last day of camp for the parent performance. The show shirt will be provided at camp for this performance.

- **Socks** At least one pair of athletic socks for each day. Bring a few extra pairs in case it rains or if you are prone to sweaty, smelly shoes, and/or blisters on your feet. A mid-day sock change can help prevent these concerns.
- Running/Cross Training Shoes Marching is tough on the feet running/cross training shoes are the only ones allowed. Please invest in a quality pair of running/cross training shoes each season.
- **Spare Shoes** Please bring 2 pairs of athletic shoes. Camp weather can be unpredictable, and one pair may become wet and need adequate time to dry.
- Flip-Flops Good for in the cabins and shower room only. They are not permitted outside cabins on campgrounds.
- Plastic Bag Please bring a few garbage bags for keeping your dirty clothes/towels. Please be respectful of the close quarters keep your dirty clothes picked up and in a bag all week. You may need an extra or two for your bedding/towels when you pack to leave.
- Let's not forget YOU We need you and are proud to have you in our band. Your attitude, be it positive or negative, has a great impact on the success of our group.

ITEMS NOT PERMITTED AT CAMP:

- **CELL PHONE/Portable electronics (includes portable game systems)** When people are using these things, they tend to become part of their own private universe. We need everyone in the same universe. You're going to camp to <u>meet people and connect as a team</u>. The bottom line is if this is out at Camp, it will be taken away! All confiscated items will be returned on Saturday morning! NO EXCEPTIONS!! This policy will be strictly enforced! (You may use your phone as an alarm...only please.) Parents: there are emergency phone numbers; cell phones are not needed.
- Hotspots/Portable Wi-Fi Router These are not permitted.
- **Cologne/Perfume/Scented Lotion** These items can attract insects and can cause allergic reactions for those around you that are sensitive/allergic. Please do not bring to camp.
- **Curling/Straightening Irons** Hair dryers are permitted but no curling or flat irons. They are a fire hazard.
- **Contact Lenses** Camp is known for dust and dirt and can make wearing contact lenses difficult or uncomfortable. Eyeglasses recommended.
- **Inappropriate Clothing** You all know that some items are not appropriate for this kind of activity. Stay within our school dress code. (Also, no spaghetti strap tanks, short shirts, or short shorts, and avoid shirts with inappropriate messages on them.) I also suggest that nice clothes stay at home. This is an activity that is not about the individual, visually. Please do not be distracting in your dress.
- **Questionable Items** If your parents or Band Director would question it, please leave it at home. This category is extremely serious; depending on the item brought, you may be sent home (at the expense of your parents) and you will lose your spot in the band.
- Everything on this list was thought of to make your time more enjoyable and more successful not more painful. Rules do not always make sense until in hindsight. Trust me, follow the guidelines and this year will become something you never thought imaginable. We will all sweat together, and we will all succeed together.