

Name _____

Audition Time: _____

DV PERCUSSION
Regional Audition Check List

Before:

1. Get plenty of sleep the night before.
2. Have a great breakfast.
3. Give yourself time to get ready.
4. Have a slow and relaxed warm up at home.
5. Dress for success (As if for a job interview - which it is!)
6. Do not 'practice' on the day of. Mental run throughs are better.

Things to remember before I leave home:

- I have a PHOTO ID to check in at the registration table as well as my audition room
- I have my regional etudes
- I have tuner, sticks/mallets, etc.

Arrival time: 45 min before your time

Where: Sandra Day O'Connor HS, 25250 N 35th Ave, Phx 85083

Room Number: _____ (get it at registration)

When you arrive:

1. Check in immediately **You will need your PHOTO ID card.**
2. Find your room(s) before you find the warm up area.
 - a. Note: There is a xylophone in the warm-up area (Auditorium).
3. Hold on to your score sheet. Do not set this down!!
4. Have a slow and relaxed re-warm-up (don't overdo it!)
 - a. Slow breathing exercises (for focus)
 - b. Stretching
 - c. Sticks and pad
 - d. Mental run-throughs
 - e. Touch on the etudes. Do not over-practice! If anything, hit some spots half tempo. You are ready! Last minute practice never helps.
 - f. Check if you have your pitch pipe/tuning fork/tuner
5. Arrive at your room 10 minutes early. (**Don't play in the hall** - just relax)

In the Audition (Regionals): (Need etudes sheet, score sheet and ID)

1. Observe the room you're playing in. What color is the carpet? Is it big or small? What is decorating the walls? What do the acoustics feel like?
2. In one room: You will be asked to play 3 major scales and sight-reading.
3. In other room: You will then be asked to perform your 3 etudes. Take a deep breath in and out - concentrate on your sound and style. Don't play careful! Hear your tempo before you start. Wait each time until the judge asks you to start.
4. Lastly - Sight Reading! Everyone loves this one. Mentally figure out the hardest rhythms, and sing through the hard spots. Look at the key sig., time sig., and accidentals. Do your best not to stop - maintain a consistent (realistic) tempo. The point is to read the music accurately, not necessary fast.
5. Thank the judge.

After:

1. Do NOT go around disappointed or negative. Hold your head up. No one will be perfect. Also, remember you are representing your school and your band in your words and actions.
2. Put away your equipment. (Tuner, mallets, etc.).
3. Return original music to the music library on Monday.
4. Regionals Results will not be available until Monday. I will post them online at www.thunderband.org as soon as I have them.

Miscellaneous:

1. Be prepared for change in the moment.
2. Nerves: there are many philosophies to get rid of pre-performing anxiety ranging from eating bananas to yoga. It is a personal choice. Being alone or talking with a close friend helps. I have always preferred staying perfectly still for a while and breathing through my nose and out my mouth.
3. Do not listen to other performers. Keep your mind focused and not distracted with comparisons.
4. When it is your turn to perform - get confident quickly. At this point, the quiet reserved will not work. Counteract your nerves with a confident aggressive demeanor. Be a performer; don't worry about "what if's"...
5. **Have Fun! I am proud of you!**